Class XII | English Core — Solutions (Set 1) | Session 2026-27

SECTION A – READING SKILLS

1. i. (iv) Excess amount of body fat

   ii. Women have more body fat than men. Usually, men with more than 25c, body fat, and women with more than 30% of body fat are regarded as obese. Obesity occurs when a person consumes more calories than he or she burns.

   iii. i. Lifestyle behaviours
   ii. Physical Activities

   iv. (iii) activity

   v. (iii) Only A and C

   vi. There are the psychological factors. Negative emotions such as boredom, sadness, or anger, respond to people who overeat. There is also 'binge eating' when people eat a large amount of food thinking that they cannot control how much they are eating. Those with the most severe binge eating problems are also likely to have symptoms of depression and low self-esteem.

   vii. Although you cannot change your genetic makeup, you can change your eating habits and levels of activity. You can learn how to choose **more nutritional meals** which are low in fat and become more active.

   viii. i. Helps to lose weight
   ii. Improves fitness and flexibility
   iii. Enhances skin texture (any one)

   ix. (i) Stress

   x. Exercise helps with weight loss while also improving fitness, flexibility, and skin texture. It avoids the harmful side effects associated with crash dieting, slimming capsules, and heat treatments used by slimming centers.

2. i. Not Given - There is no information on this

   ii. Yes.
   Rising temperatures continue to melt records. The past decade was the hottest on record. Scientists tell us that ocean temperatures are now rising at the equivalent of five Hiroshima bombs

   iii. D. Pascal Peduzzi is the Director of UNEP's Global Resource Information Database.

   iv. wildfires in Australia

   v. rising

   vi. The first graph clearly highlights the alarming rising temperature trend that set the scene for our Australian 2019/2020 bushfire season.

   vii. C. fires were exceptional

   viii. warmest

SECTION B – CREATIVE WRITING SKILLS

3.

XYZ school
NOTICE

11th September 2024

Lecture cum Demonstration on Kathak Dance

The Cultural Society of our school is thrilled to present a lecture-cum-demonstration on Kathak dance by the esteemed dancer, Jaya Sharma. An interactive session with the artist will follow the event. All students are cordially invited to attend.

Day/Date: Friday, 22nd September 2024

Time: 11:00 AM - 1:00 PM

Venue: School Auditorium

Rehan/Reshma
President, Cultural Society
XYZ School

OR

Derry Public School
Notice

28 December 2023

Orange Alert!!!

All the parents are hereby informed that an orange alert has been declared by the weather department in the city due to extreme temperatures resulting from the cold wave. Consequently, the schools will remain closed for a week i.e., from Friday, 29 December 2022 to 4 January 2022. The schools will reopen on 5 January 2023.

Dr. Sen
Principal
Derry Public School

4. Sunrise Global School, Agra
22nd April, 20XX
Dear Ma'am,
We take pleasure to invite the noted stage artist Ms Nalini to grace the one-act play competition organised by our school. It will be held in the school auditorium hall where a number of students from several different schools are likely to participate. We solicit your benign presence on 30 November 20XX at 11:00 am. We shall be eagerly awaiting your confirmation.

Karan/Karuna
(Cultural Secretary)

OR

276, Palam Colony, Delhi
10 May 2018

Dear Govind,
Many thanks for inviting me to attend your post selection party, but I am sorry to say that I shall not be able to attend the same as I shall be out of the station next week. I shall miss this joyous occasion. I wish you all the best for the future.
God Bless You
Yours truly
Girish Gupta

5. Mayur Vihar
Lucknow-226018
24th August, 20XX
The Editor
New Indian Express
Lucknow
Subject Negative influence of advertisements
Sir,
Through the column of your prestigious newspaper, I wish to draw the attention of the people towards the negative influence of advertisements on their minds. These days advertisements on television are a great source of information. They impart awareness to consumers, which directly benefits the companies. Firms and companies spend a high amount of money to hire famous public figures like actors and cricketers to endorse their products. This cost is added to the price of the products and passed on the customers. These advertisements create an unexpected and hypothetical world for its viewers which binds them to purchase the products. But the matter of concern is that many of these companies showcase useless commodities on television just for monetary gains. In many cases, superstitious beliefs are instilled in the minds of people that they may fall into trouble if the advertiser's products are not used. They make the advertisements glamorous to draw the attention of the viewers but are actually promoting negative influences, especially in the minds of the younger generation.
Through your newspaper, I would like to spread awareness among the people to rationalise things and prevent themselves from being blindfolded by misleading advertisements.
Yours sincerely,
Radha

OR

16, TT Nagar
Bhopal - 462002
12th February, 20XX
The Public Relations Office

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Sun Agro India
Nashik- 400052
Sir,

Subject Application for the post of Marketing Manager

This is in response to your advertisement in The Times of India' dated 10th January, 20XX. I hereby wish to apply for the post of Marketing Manager in your reputed firm. I have a post-graduate Diploma in Marketing (equivalent to MBA) from a reputed institution. In addition, I have a total of 7 years' experience in the Marketing function in the line similar to yours, i.e Automobile Marketing Currently. I am working as a Dy Marketing Manager in a well-known company.

I am enclosing my bio-data and attested copies of my certificates.

Thanking you!

Yours faithfully,

Prem

Bio-data

Name: Prem Pal Singh

Father's name: D.K Singh

Date of birth: 2nd March 1992

Address: 16, TT Nagar, Bhopal - 462002

Academic Qualifications:

Degree	Board/ University	Year	Division
Graduation	CBSE	2010	Second
B.Sc (PCM)	Barkatullah University, Bhopal	2013	First
PG Diploma in Marketing and Management	ITS, Delhi	2015	First

Experience:

Name of Employer	Post held	From	To	Nature of Duties
Bajaj Auto, Pune (Working in Regional office, Bhopal)	Dy Mktg Mgr	Dec 2017	Current	Managing a division of the MP region
Hero Motors, Dharuher (working in Zonal office, MP)	Mktg Officer	Mar 2016	Nov 2016	Marketing high-end bikes

Expected salary: Rs. 65,000 per month

Languages fluency: English, Hindi

Hobbies and Interests: Athletics, traveling

Marital Status: Unmarried

Contact information: 8059XXXXXX / premXX@gmail.com

6. **Role of Students in Eradicating Illiteracy**

by Karuna

lliteracy is truly a curse to society. It not only makes the masses helpless but also hinders their development along with the development of the country. According to the 2011 census, the 100% literacy rate of Kerala and Lakshadweep is just a small achievement on the path of literacy. This depicts the picture of the country as the full literacy rate is achieved only by a handful of states.

Illiteracy is found mostly among the old and deprived sections of the society. Children who are deprived of education remain illiterate. One of the reasons for illiteracy is the lack of awareness. Though many efforts have been made by the Government of India to make the old and the poor literate, such efforts are totally inadequate because the target audiences of such efforts never receive the benefits and still remain illiterate.

The youth is not quite active in making the people aware. Only the youth can achieve this goal because it is full of energy and have nimbleness in its actions. If the youngsters start campaigns in various areas of the cities, towns and villages, the rate of literacy can improve drastically. They can create awareness among the people about the importance of literacy. They can make the people realise the importance of literacy through their own experiences, knowledge and the benefits that they get by being literate. People will not resist supporting them in achieving their target because everyone knows that the future lies in the hands of the youth. Thus, the youth must involve itself in the enhancement of literacy and eradication of the curse of illiteracy.

OR

Adult Literacy Camp

by PV Sunitha, Cultural Secretary

Nellore, 16th March, 20XX: An adult literacy camp was organised by our school in the local community centre near our school. The camp was held from 2nd March to 14th March, 20XX. Twenty-five senior students of our school taught the adult illiterates. They were divided into various groups to teach in this camp. The teaching time was 4 PM to 6 PM. The seating-arrangements for the adults were made in makeshift classrooms created in the community centre. Chairs, blackboards and other related furniture was hired for the classrooms.

Before the actual camp began, some student volunteers visited the areas where most of illiterate people lived. They visited mostly the nearby slums. The purpose of their visit was to motivate the adults, including women, to benefit from the camp by learning things that they didn't know. The volunteers, who taught at the camp, emphasised on the importance of education in one's life and requested all adults to get education. They were further asked to educate their children so that they could get rid of poverty and other problems, which had resulted due to their ignorance and illiteracy. The camp was a big success, as 450 adults attended the camp and agreed to continue their education further.

SECTION C - LITERATURE

7. i. (d) as white as snow
   ii. (b) anguish
   iii. (a) I and IV
   iv. Open dozed mouth refers to sleep. She felt sad/ pained/ anguished/ grieved/ She realised that she was as old as she looked/ that she may leave the world soon.
   v. (d) maturity and innocence
   vi. (a) Spring and Winter

   OR

   i. sympathetic
   ii. Artless view refere to the views that have been spoilt due to tasteless art.
   iii. a flower
   iv. at the edge of the road
   v. buy their produce and give some cash in return
   vi. withering

8. i. Zitkala-Sa belonged to a Native American warrior tribe.
   ii. Disfamiliarity
   iii. Land of apples,
   iv. Mad house

   OR

   i. Hana was attired in a dark-blue woollen haori over her kimono.
   ii. (B) obedient.
   iii. (A) Emotional turmoil.
   iv. Dr. Sadao and Hana’s relationship is built on mutual respect and cultural values, as evidenced by Dr. Sadao’s decision to wait until he was sure Hana was Japanese before falling in love with her, respecting his father’s wishes.

9. i. Sorry
   ii. hey were more willing to welcome a replacement for M.Hamel.
   iii. He feels sorry for M. Hamel as it was his last French lesson.
   iv. ‘Too little, too late’
   v. They had gathered to show respect to their country and mother tongue as they were sad as their mother tongue French would no longer be taught to them.
   vi. respect/honour of this last lesson

   OR

   i. Because his mother did not bring them down from the shelf
   ii. When the writer asked the second boy the reason for wearing a different shoe on each foot. He did not reply and shuffled his feet as he tried to hide the shoes and said nothing.
   iii. To term 'walking barefoot' a tradition
   iv. perpetual
   v. a. (1) Can be inferred from the extract but (2) cannot.

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vi. He would throw them off.

10. Answer any five of the following questions in 40-50 words each:
    (i) Douglas failed to come to the surface as he had hoped to because he ended up swallowing a lot of water after being thrown into the pool. He was gripped by his fear and could not move his limbs.
    (ii) The title of the poem suggests the importance of silence. The poem is about the importance of self-examination and introspection. It is also an appeal for universal harmony.
    (iii) The poet referred to the "wedding band" as the symbol of the wedding ring worn by Aunt Jennifer. The phrase "massive weight of Uncle's wedding band" conveyed the idea that she felt overwhelmed by her duties and responsibilities after getting married.
    (iv) Sophie knew that Jansie was gawky and could not keep any secret. If Jansie got to know about something, she would tell the whole neighbourhood about it. That's why Sophie did not want Jansie to know anything about her meeting with Danny Casey.
    (v) The lawyer wore pants and a tie and sometimes a coat whereas everyone else in the Story Department wore similar khadi dhoti with a slightly oversized and clumsily tailored white khadi shirt. Thus, the lawyer stood out from others at Gemini Studios as if he was a dispassionate man who did not take sides. Moreover, he was a logical man with no emotional attachment whatsoever.
    (vi) Umberto Eco's American publisher didn't expect to sell more than 3,000 copies of 'The Name of the Rose' in America. The novel, actually, dealt with medieval history and delved into metaphysics and theology. The publisher felt that in a country where nobody had seen a cathedral or studied Latin, such a book might not get enough readership. But, actually the book sold two or three million copies in the US.

11. Answer any two of the following questions in 40-50 words each:
    (i) The objective of the 'Students on Ice' program was to take the High School students to the limits of the world and provide them with inspiring opportunities in education to enable them to understand and respect our planet. According to Geoff Green, the High School students are the future policy-makers and through this program they would be able to save this planet from the ecological hazards and the harmful effects of global warming. Antarctica, with its simple ecosystem and lack of biodiversity, is the perfect place to study how little changes in the environment can have major repercussions.
    (ii) The hunters sought to shield the Maharaja from the truth to safeguard his pride and reputation. Exposing his missed target could undermine his authority and dignity, posing possible consequences for them. Their objective was to maintain the Maharaja's image of competence and authority.
    (iii) In Antarctica, the visual scale ranges from the microscopic to the mighty, midges and mites to blue whales and icebergs as big as countries. Days go on and on in surreal 24-hour austral summer light. A ubiquitous silence, interrupted only by the occasional avalanche or calving ice sheet, consecrates the place.

12. All of us have one life and want to enjoy it to the fullest. However, in our pursuit of following the "my life, my rules" funda, we sometimes incur an irreplaceable loss. One such loss is the importance of safe and sound sleep. In 'The Rattrap by Selma Lagerlof, the protagonist experiences a deep and peaceful sleep after a long time, which shows the importance of sleep in our lives. Similarly, in 'A Thing of Beauty', the poet describes a sleep full of sweet dreams, health, and quiet breathing.

    For the poet, beauty is like a beautiful shady tree under whose shade all the creatures can sleep peacefully and enjoy good health. Sleep is not just a state of rest, but it is also essential for maintaining good mental and physical health. It helps repair and restore our brains and bodies, affecting our physical and mental functioning the next day, our ability to fight disease and develop immunity, and our metabolism and chronic disease risk.

    Lack of sleep can increase the risk of obesity, heart disease, high blood pressure, diabetes, and stroke. It can also lead to depression, anxiety, and other mental health conditions.

    Therefore, Mayank, it is crucial to prioritize sleep in our lives. It is essential to maintain a routine and avoid leading a wayward lifestyle that can disrupt our sleep patterns. A good night's sleep can improve our ability to think, learn, and make good decisions, and avoid injuries.

    So, let us make a conscious effort to get enough sleep and enjoy the benefits of a healthy and fulfilling life.

    OR

    Dear Sneha,

    I appreciate your inquisitiveness about how a shabby shop referred to in the poem "A Roadside Stand" could be considered a thing of beauty. I understand that you are confused about the concept of beauty and how it can be found in seemingly insignificant things. Let me try to explain my thoughts on this.

    Beauty is not just about the external appearance of things. It is also about the emotions and feelings that they evoke in us. In

Keats' poem "A Thing of Beauty," he talks about how beauty has the power to take away our sorrows and provide us with a sense of peace and tranquility. Similarly, in Frost's poem "A Roadside Stand," the seemingly insignificant fruit shop may not be beautiful in the traditional sense, but it has a profound significance.

The fruit shop represents the hopes and dreams of the poor people who run it. It gives them hope that the city folk have stopped by to buy something from their roadside stand and that they will receive some city money.

The beauty of the fruit shop lies in the fact that it represents the resilience and determination of the people who run it. It is a symbol of their hard work and perseverance in the face of adversity.

In essence, beauty is not just about the external appearance of things. It is about the emotions and feelings that they evoke in us. The fruit shop may not be beautiful in the traditional sense, but it is beautiful in the way that it represents the hopes and dreams of the people who run it.

I hope this explanation helps you understand the concept of beauty better. Remember that beauty can be found in the most unexpected places, and it is up to us to recognize it.

Although I wish to explain this in person, I have no better option than to explain it to you through this letter. I hope this explanation would be helpful to you. Please let me know if you still have doubts.

Warmly,

Dad

13. Today I met my childhood friend, Derry, after a very long time and I naturally felt sorry for him and started pouring my words of sympathy. I could observe his discomfort with my weird (natural for me) treatment and then realised that he must have had to go through this pain every single day. The actual pain or inconvenience caused by a physical impairment is often less than the sense of alienation felt by the person with disabilities. We can see so many cases of physical deformities in our day-to-day life. But when we react sharply over their impairment, the result is troublesome to bear. Take the case of a blind man, when he hears from someone "What a terrible thing on earth"! Such disheartening remarks hurt the disabled person. He is pained because of this unintended cruelty. He feels dejected, disappointed, distorted, and alienated from the mainstream of life. He withdraws with a sense of an inferiority complex. Negative feelings towards life creep in. I realised my friend Derry also suffers the same as everyone pities him because of his burnt face. He has been subjected to verbal atrocities every single day.

    Our attitude towards these people needs to be changed. Disabled persons do not want our sympathy rather they want acceptance. We must always bear in mind that wounds get healed but bitter comments are never forgotten and leave a permanent scar. Today, I pledge to not let any sense of pity sink in me whenever I see or meet a person with a disability rather I would try to connect with them at an equal level and regard them for being brave.

    OR

    From the day I found the wounded soldier outside my house my mind has been vexed with a web of conflicts and difficulties. On one hand, my professional ethics prodded me to save the wounded man because that was what my training had taught me. On the other hand, my patriotism would have been questioned if I saved him as he is a prisoner of war. I was caught in a dilemma between my duty as a doctor and my loyalty as a Japanese citizen.

    Then I decided to follow my ethics as a sincere doctor and save his life in the first place. My nationalism didn’t let me rest, so took the help of the General and informed him about the enemy prisoner. He told me that his men would take the course, but to my utter dismay General's men did not turn up, and once again I was caught in conflict as to how to get rid of the white man. My innate virtues of compassion and benevolence forbade me from killing him. Ultimately, I came up with a no-harm, no-foul plan as per which I let the prisoner escape by sending him off to an unguarded island.

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